

Are GM foods safe?

Yes.

Because GMOs are regulated across the world, GM crops and the foods derived from them have to undergo extensive scientific safety assessments before they are released and use in food production. To date no reliable evidence of any harm to humans, animal or the environment has been published for the approved, commercially available GM crops; they are therefore unlikely to present a risk to human health. In addition, there is no epidemiological evidence of any effects on human health based on the large-scale consumption of GM foods in the many countries where these crops have been used for almost 20 years now.

Many governmental regulatory agencies, independent scientific organisations and leading health associations around the world agree that foods produced from GM crops are safe to eat and no riskier than those produced from their more conventional counterparts.

The continuous application of stringent safety assessments based on agreed international principles (e.g. the World Health Organisation's Codex Alimentarius standards) and, where appropriate, adequate post market monitoring, will always form the basis for ensuring the safety of GM foods.

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